

Alex Athlete
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EDUCATION

Bachelor of Arts in Exercise Science and Health Promotion

Florida Atlantic University

Overall GPA: 3.4/4.0

August 20XX
Boca Raton, FL

RELEVANT COURSEWORK

Nutrition in Health and Exercise	Exercise Physiology	Health Promotion
Exercise Leadership I & II	Weight Management	Stress Management
Perspectives in Health and Wellness	Substance Abuse	Management Principles

EXPERIENCE

Student Athlete

Florida Atlantic University Football

August 20XX – Present
Boca Raton, FL

- Develop communication between team members in order to improve output on the field
- Learn and memorize new plays on a weekly basis in order to effectively execute plays during games
- Participate in meetings with members of the coaching staff in order to address areas that need improvement
- Implement a workout plan that incorporated proper form and dietary techniques in order to achieve top physical shape
- Commit over forty hours a week to athletic responsibilities while maintaining an appropriate GPA

Camp Facilitator

Florida Atlantic University Football Camps

April 20XX – July 20XX
Boca Raton, FL

- Supervised and coached over 100 student campers who participated in the football camp
- Instructed campers on how to use proper form when tackling players of the opposing team in order to prevent injuries
- Encouraged student campers to work with each other in order to reach their full potential

MEMBERSHIPS

Delta Tau Delta, *Florida Atlantic University*

Best Buddies, *Florida Atlantic University*

August 20XX – Present

August 20XX – Present

COMPUTER SKILLS

Microsoft Office (Word, Excel, PowerPoint), Social Media (Facebook, Twitter, Instagram), Prezi

LANGUAGES

Fluent in English and proficient in French